



OMEGA PHI ALPHA

NATIONAL SERVICE SORORITY

Virtual Sisterhood Guide

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Introduction

We all need each other now more than ever! Just because many members are living apart or keeping a physical distance, doesn't mean you have to stop bonding as sisters. Work together as a chapter to find creative ways to keep in touch and support each other. Don't let a week go by without ensuring that every member of your chapter has connected with someone else from the chapter! One of the most valuable parts of Omega Phi Alpha are the bonds in sisterhood *and* service.

We recommend that you choose a variety of events throughout the semester and ensure that you don't exclude any members due to lack of access to technology or broadband internet. If possible, establish a video service and group communication platform that everyone can use such as Google Hangouts, Slack, GroupMe, Zoom, and so forth.

Ideas for Virtual Sisterhood Events

- Netflix Watch Party
- Jackbox Games
- Houseparty (app with games)
- Online Card Games
- Online Board Games
- Group Video Chats
 - Family Chats
 - Randomized sister chats
 - Icebreakermania (do the silliest icebreakers you know of!)
- One on One Video Chats
- Virtual Study Hall using [Studytable](#)
- Kahoot! Games
- Cook a meal together over Skype or Zoom
- Host a family competition or big/little game nights
- Virtual workout
- Write personal notes and letters to each other
- Recipe swap (and create a chapter cookbook)
- Join [The Book Buzz](#) and read one of the selections as a chapter
- Virtual craft night
- Museum tours
- Book club (Consider intentionally selecting books written by diverse authors)
- Unpopular Opinion Presentations (sisters who like pineapple on pizza...NOW is your time)
- Curate a group playlist and have a virtual dance party

- Create a chapter bingo board - members compete to do a set of tasks to spell bingo and win a prize (Log study hours, post gratitude on social media, have a virtual coffee date with another member)
- Virtual hometown tours - learn more about each other by showcasing your hometown
- Take an online course together on Udemy, Skillshare, or Coursera
- Secret Sister - assign sisters a “secret sister” that they send small acts of kindness (homemade treat left on their doorstep, mail a card, handmade item) to and then host a virtual reveal

Online Game Sites for Sisterhood Activities

- [Playing Cards](#)
- [Pogo](#)
- [Table Topia](#)